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FOR IMMEDIATE RELEASE (241 words)

Center School Expands Social-Emotional Supports with Addition of Dr. Kimberly Sanford.

Abington, PA – 10/16/2025 – Center School is pleased to announce the addition of Dr. Kimberly Sanford, MFT, LPC, as a consultant from Enspire Consulting Group to provide therapy to students at no cost to families. This new service strengthens the school's Social-Emotional Learning (SEL) initiatives, supporting students' social and emotional well-being alongside academic success.

Dr. Sanford is a licensed professional counselor and marriage & family therapist with experience guiding individuals, couples, and families through challenges such as anxiety, depression, grief, and PTSD. She brings a collaborative, solution-focused approach that empowers students to build resilience, navigate life's challenges, and achieve meaningful personal growth.

"We are thrilled to welcome Dr. Sanford to Center School," said Mindy Wawrzyniak, Head of Center School. "Her expertise enhances our SEL program, ensuring that all students have access to professional, compassionate support to thrive academically, socially, and emotionally."

Dr. Sanford holds a doctorate in Marriage and Family Therapy from Eastern University and a master's in human services from Chestnut Hill College. She is also a certified biblical counselor and chaplain and is deeply committed to teaching, community outreach, and education. She is passionate about teaching, engaging in community outreach through her church, and educating her community. She firmly believes that healing begins with compassion and the courage to take the first step toward change.

For more information about Center School and its SEL programs, visit centerschoolpa.org

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